

News

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Author in Crisis Finds Help from Ancient Literary Poems

Enumclaw, WA—When Shirley A. Wilson was diagnosed with Crohn’s Disease thirty years ago, she found strength and empowerment from the Bible, namely the ancient Hebrew poems in the book of Psalms. The principles she discovered were also a wellspring of encouragement as she experienced life with her profoundly disabled younger brother and witnessed her mother’s struggle with Multiple Sclerosis.

“These psalms speak to every issue that modern women face,” declares Wilson. “When we internalize them so that they become part of our spiritual, emotional, and psychological fiber, we’re able to remain strong in any life situation.”

In her new book, *Strength from the Psalms*, the author connects the psalmists’ experience with that of today’s women. The result is a compilation of basic principles that can be applied to daily living. “These truths motivate women to make the changes necessary that will bring them spiritual success and victory,” says Wilson. “Through the psalmists’ harrowing experiences, Christian women can find hope in the words of a God who has not changed since those psalms were written. They will find the beauty, encouragement, and empowerment for living they need, no matter what their ages, stages in life, or professional interests.”

Shirley A. Wilson directs Women in Christ at Christian Faith Fellowship, the church that she helped her pastor-husband establish in Downingtown, Pennsylvania. She holds a Bachelor of Science degree in Special Education from West Chester University in West Chester, Pennsylvania. The Wilsons have two grown sons, Philip and Michael, and live in Pennsylvania.

For more information, to request a review copy or to schedule an interview, please contact Josiah Williams by phone at 360-802-9758, by email at josiah@winepresspublishing.com, or by fax at 360-802-9992. To purchase a copy of this book visit www.winepressbooks.com or call 877-421-7323.

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